

Incandessence

'Enlighten and Inspire'

Information on Incandessence's Services

"I can transform the powers of crystals, essences, shells, sound, colour and your body's own subtle energies to increase health and wellbeing.

I focus on balancing, healing and energizing your body. I can assist you to reduce levels of stress and enable you to harness the vital energies of nature to create balance and integration of your mind, body and spirit.

I aim to bring positive and powerful changes into your life on a physical, emotional, mental and spiritual level."

Isabella, Incandessence, 2005

I offer the following services:

Kinesiology Balance

Kinesiology is one of the fastest growing and most interesting developments in modern natural healthcare. It is a system of healthcare that uses muscle testing as a diagnostic tool and treats the whole person using a combination of gentle, safe techniques. It spans the full spectrum of health and healing, from its physical application in chiropractic, osteopathy and sports medicine to the less tangible areas of psychotherapy and healing. With its remarkable range of applications, linking the physical aspects of health to the emotional and spiritual, kinesiology is becoming a vital ingredient of modern health care, both as a therapy in its own right, and as a compliment to orthodox medicine and other therapies.

Crystal Healing

Crystal Healing is aimed at attaining a level of wellbeing that is not simply freedom from illness, but also includes listening to our feelings, emotions and thoughts, and nurturing our spiritual lives. Crystal Healing explores the power and beauty of crystals and unlocks their capacity to strengthen and uplift.

Chakra Clearing

Chakra Clearing maintains the natural balance of the body and the flow of energy. Down the spinal column are seven great vortices, called chakras (meaning wheels) that are essential to your wellbeing. Chakra clearing seeks to understand the creative energies that each chakra centre can bring to your life, and by identifying the imbalances, help restore your health.

Card Reading

Angel and Tarot Cards are used as a tool to assist me when reading for you. I will interpret the cards, exploring love, relationships, spirituality, family matters, money, finances, career, decision making and future possibilities. A lot of the information is channelled from spirit, but the cards are a focal point to consolidate the underlying issues and to help get to the heart of the messages during readings.

Angel Intuitive Consultation

Angel Intuitive Consultations help you connect with your Angels. Your Angels can help you through troubled times, to empower you to have happiness, harmony and love, to increase your level of both awareness and spirituality, or financial success. It facilitates bringing positive thinking into your life thus creating a more fulfilled life. Angels will assist you holistically to self heal your being and focus on events which are stopping you from performing to your highest potential. Once these Angels begin to work with you, and your awareness of their presence becomes more clear, you will establish a closer relationship with them.

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